# “You’re not alone”: Sue shares the importance of community to support an alcohol-free pregnancy

*This story was first published on Every Moment Matters – Community Stories. You can read it*[*he*](https://everymomentmatters.org.au/breannas-story/)[*re.*](https://everymomentmatters.org.au/sues-story/)

***Content warning:*** *This video discusses alcohol use and other sensitive issues.*

Sue Pinkham is passionate about ensuring communities have access to clear and accurate information about the risks of consuming alcohol during pregnancy – information she says wasn’t around when she had her baby.

Sue shares her experience and discusses why it’s so important for partners and family to support women to have an alcohol-free pregnancy.

https://youtu.be/fC8gyBq9HiA

*If you have experiences to share that can help people know they’re not alone, please share your story through our*[*Voices of Change project.*](https://fare.org.au/voicesofchange/)