# "The stories that we tell… we got to get it out there for people to listen and understand"

Helen-Fejo Frith is one of the staunch advocates that stopped Dan Murphy’s from building an alcohol megastore outside Bagot Community, a dry Aboriginal community in Darwin.

Over time, Aunty Helen has witnessed how alcohol has caused and still continues to cause tremendous harm to people — young and old — in her community.

Her story highlights the health effects of alcohol and the important role Elders play to help guide and encourage people to get health check-ups and speak to someone if they have concerns, particularly young people.

Watch Aunty Helen as she talks about why she will continue advocating for her community’s health and wellbeing.

https://vimeo.com/780195835

*We regularly share stories like Aunty Helen’s on our website.* [*Add your name here*](https://fare.org.au/voicesofchange/) *to receive similar stories.*

*If you have experiences to share that can help people know they’re not alone, please share your story through our* [*Voices of Change project.*](https://fare.org.au/voicesofchange/)